Otinova® ear spray (EN)

What is Otinova used for?
Otinova is used to treat ear canal inflammation/eczema, also known as Swimmer's Ear (otitis externa).

How does Otinova work?
Otinova acts locally, as an astringent, relieves itching and has an antibacterial and anti-fungal effect.

What does Otinova contain?
Otinova contains aluminium acetate and aluminium acetotartrate (1.8% aluminium), acetic acid, water, pH 3-4 (Burow's solution, British Pharmacopoeia). 15 ml (150 doses).

What you need to know before you use Otinova
Otinova should not be used if the eardrum has been fitted with a drainage tube or if the eardrum is suspected to be perforated.

Otinova should not be used by children younger than 5 years of age, unless recommended by a doctor (control of the eardrum).

Contact a doctor if there is marked discomfort, tenderness in and around the ear and hearing is impaired. If there is marked discomfort, avoid contact with water and do not poke inside the ear. Also avoid soap and shampoo.

Avoid contact with the eyes. Avoid inhaling the spray.

Store out of the reach of children.

Dosage instructions
Spray once or twice into the ear canal, morning and evening. Tilt the head after spraying so that the fluid runs as far as possible down into the ear canal. Wipe away any excess fluid.

Used to treat otitis externa, e.g. in connection with periods of frequent contact with water and/or damp environments, such as swimming/aquatic sports holidays.

If you do not feel significantly better after 1-3 days of treatment you should contact your doctor.

Salt precipitation in, and severe dehydration of, the ear canal may occur with overdosing and/or long-term use. Do not use Otinova for a continuous period of more than 7 days.

Instructions for use
Hold the bottle upright. Before the spray is used for the first time, pump a few times until an even spray is obtained. Hold the tip of the nozzle against the outer ear canal and pump once or twice.

What are the possible side effects of Otinova?
Otinova can cause a temporary mild irritation/stinging sensation in the ear canal. If the irritation/stinging sensation persists or becomes worse, contact a doctor. Rare cases of local hypersensitivity have been reported. Individual cases of perforated ear drum have occurred in association with extreme salt precipitation at high doses for continuous periods of more than 20 days. If the fluid gets into the eyes, rinse thoroughly with water.

Storage and shelf-life
Store at room temperature.

Do not use after the expiry date, which is stated on the packaging. Use within six months of first opening.

For more information, see website www.otinova.com

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